



**COMPLEMENTARY  
CANCER CARE, INC**

ANNUAL

REPORT

2024



# our story SO FAR

## Upholding the Mission

This year we added therapies and did extensive surveys to determine which of our offerings are most effective for our participants.

As always, we kept in mind our mission: to promote an overall sense of wellbeing in individuals impacted by cancer by providing accessible complementary therapies.



## Statement of Values

We are committed to upholding the following values: providing Accessible and Inclusive services, acting with Professionalism, Confidentiality and Fiscal Responsibility, and organizing with Leadership in order to build and support our Community.

# 57%

OF ONCOLOGISTS SURVEYED  
BELIEVE IN MANAGING SIDE EFFECTS WITH

## COMPLEMENTARY THERAPY

WHILE 33% INDICATE THAT  
COMPLEMENTARY THERAPIES

## IMPROVE OVERALL SURVIVAL<sup>1</sup>

1. *eCancer*, Oct 13 2023

# our 2024 GOALS



## 1

### SUPPORT & EDUCATION

Provide monthly support groups, one-on-one counseling, as well as online lunchtime talks to further educate about the needs of patients and survivors

## 2

### WEEKLY MIND-BODY CLASSES

Continue to provide safe options for our accessible Tai Chi and meditation classes online and our chair yoga and sound bath in person

## 3

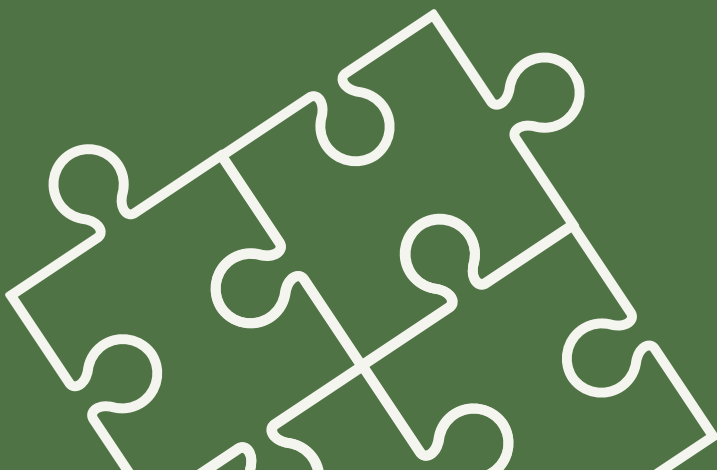
### COMMUNITY EVENTS

Collaborate with local and national partners to participate in local and national events

## 4

### CREATIVE EXPRESSIONS

Provide art therapy, writing therapy and music therapy to promote a variety of creative outlets to process the cancer experience



# our 2024

## HIGHLIGHTS

Last year's pivot away from social events meant we were more able to focus on therapies and education. We asked participants tell us what works for them, then matched resources to the projects that were most effective and in demand, like Art Therapy and Reiki Sound Bath. In this way, we empowered our clients to drive our programming.

PROJECTS	DETAILS	OUTCOME
Support Groups	Provide monthly groups, covering different topics, different populations	<ul style="list-style-type: none"><li>• 34 groups offered</li><li>• 38 people attended</li></ul>
One-on-one Counseling	Receive "orientation" calls, provide counseling sessions and oncology advocacy	<ul style="list-style-type: none"><li>• 20 hours of private counseling to 15 cancer survivors and caregivers</li></ul>
Educational Talks	Community online events on topics related to complementary therapies	<ul style="list-style-type: none"><li>• 1 online talk, 1 in person</li><li>• 5 attended</li></ul>
Mind-Body Classes	Provide weekly live classes (online and in person), monthly sound baths, recorded classes, community class vouchers	<ul style="list-style-type: none"><li>• 243 live classes, 75 attended</li><li>• 32 community classes (to 4 patients, survivors, caregivers/nurses)</li></ul>
Creative Therapeutic Journaling	Provide bi-monthly online writing and discussion groups	<ul style="list-style-type: none"><li>• 20 groups offered</li><li>• 8 people attended</li></ul>
Therapeutic Art	Provide guided art for self-care	<ul style="list-style-type: none"><li>• 16 art groups offered</li><li>• 20 people attended</li></ul>
Music Therapy	Provide bi-monthly in person therapeutic music for self-care groups	<ul style="list-style-type: none"><li>• 22 groups offered</li><li>• 9 attended</li></ul>
Community Events	Provide in-person community outreach	<ul style="list-style-type: none"><li>• Craft Fair in Feb</li><li>• Sip, Shop &amp; Celebrate in Sept</li><li>• Indian Oaks Health Fair in Oct</li></ul>

# 423

Hours of  
therapeutic services  
offered

"Before [I knew this organization existed], I was in a dark place, and now I know there are so many directions that I can find help! The people I've met through Complementary Cancer Care have changed me in positive ways. So, I thank you for all you do!"

CD, CANCER SURVIVOR

# 121

People benefitted  
from these services

"I have experienced both physical benefits (better mobility, stamina, strength, balance) as well as a sense of belonging, understanding and compassion from my weekly chair yoga class. Thank you!"

SS, CANCER SURVIVOR

"The classes have helped me replenish myself emotionally and psychologically so I can provide my husband with the care and support he needs and very much deserves."

CA, CANCER CAREGIVER



# ACKNOWLEDGEMENTS

We could not have reached the people we helped without the support of our donors, volunteers, local businesses and our partner organizations:

Linda Amato  
Diane Ayotte  
Robert Beil  
Brevard County Property Appraiser's Office  
Brevard County Public Library  
Cancer Care Centers of Brevard  
Community Foundation for Brevard  
Computer Management Corporation  
Davies, Houser & Secrest, CPA, PA  
Gail Dunbar  
Evelyn Foster Endowment Fund  
Florida Music Therapy  
Jenn Gallo Art Studio  
Health First Cancer Institute  
Susie McQueen  
Kevin Smith  
Laura Scott  
Concetta Sipes  
Barbara Souza  
Seeds of Hope  
The Space Next Door  
St John's Episcopal Church of Melbourne  
Marlene Weiss  
Daniel and Cynthia Woodell

Complementary Cancer Care, INC  
2436 Kathi Kim Street  
Cocoa, FL 32926  
321-266-0564  
[www.compcancercare.org](http://www.compcancercare.org)  
[info@compcancercare.org](mailto:info@compcancercare.org)

# WE THANK YOU FOR YOUR CONTINUED SUPPORT OF OUR OUR PROGRAMS