

COMPLEMENTARY CANCER CARE PRESENTS



# CREATIVE EXPRESSIONS

Music Therapy, Journaling & Art

*"Creativity really became an act of survival for my wife and myself.  
It became medicinal."*

~ JON BATISTE, MUSICIAN AND CAREGIVER

**Music Therapy** is the evidence-based, clinical use of music within a therapeutic relationship with a board certified music therapist to increase a person's quality of life.

2ND & 3RD THURSDAYS 2:30PM

AT FLORIDA MUSIC THERAPY IN MELBOURNE

**Creative Therapeutic Journaling** is an empowering form of self-expression that encourages peer bonding and personal healing.

1ST & 3RD THURSDAYS 11:00AM

ONLINE, FROM THE COMFORT OF YOUR HOME

**Therapeutic Art with Jenn Gallo** is a way to improve psychological wellbeing by focusing more on creativity and less on mental stressors.

2ND FRIDAYS 11:00AM

AT COCOA ROCK IN COCOA

**NO EXPERIENCE WITH ANY OF THESE  
CREATIVE TOOLS? NO PROBLEM!**

To Register:

[www.compcancercare.org/events](http://www.compcancercare.org/events)

or Contact us at 321-266-0564  
[info@compcancercare.org](mailto:info@compcancercare.org)

