## **Cancer Support Group**

Information and open sharing



## WHAT TO KNOW ABOUT CBD (CANNABIDOL)?

Friday, October 14th \* 11:00 am - 12:30 pm

Hobbs Pharmacy
133 N. Banana River Dr, Merritt Island

Jessica Beal-Stahl, PharmD, a pharmacist at Hobbs Pharmacy, will be educating us on benefits and usage of CBD. Hobbs was one of the pioneers in the county educating and selling CBD to customers. CBD, or cannabidiol, is the second most prevalent active ingredient in cannabis (marijuana). While CBD is an essential component of medical marijuana, it is derived directly from the hemp plant, a cousin of marijuana, or manufactured in a laboratory. CBD does not cause a "high" but does offer a variety of benefits proven in studies that are widely ranging from supporting your immune system, aiding in sleep and relaxation, or even helping with decreasing inflammation. Come learn more about the intriguing compound that is often misunderstood, as we cover the basics, how it works, dosing, choosing quality products and much more.

We invite cancer patients/survivors in any phase of treatment or recovery to attend. Caregivers are welcome as well. Facilitated by a cancer survivor and social worker, each month (second Friday) we meet to find out how YOU are, discuss cancer-related questions and concerns, and allow you to gain support from each other. Some months feature a guest speaker on cancer/health related topics or complementary therapies.

## **Complementary Cancer Care**

www.compcancercare.org 321-266-0564

Presented by Complementary Cancer Care, a 501(c)3 nonprofit offering free non-medical services to people dealing with cancer in Brevard County by offering the tools to connect, support, educate, and empower on their road to healing.

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